



Reverse ADVENT CALENDAR

EAST YORKSHIRE FOODBANK

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If you see something festive and tasty feel free to make a substitution.

<p>1</p>  <p>Christmas cake</p>	<p>2</p>  <p>Ambient Christmas items (e.g stuffing mixture)</p>	<p>3</p>  <p>Variety tins/boxes</p>	<p>4</p>  <p>Tinned tomatoes</p>	<p>5</p>  <p>Rice</p>	<p>6</p>  <p>Mince pies (check with foodbank first)</p>
<p>7</p>  <p>Box of biscuits/chocolates</p>	<p>8</p>  <p>Nuts and confectionery</p>	<p>9</p>  <p>Tinned fish</p>	<p>10</p>  <p>Coffee</p>	<p>11</p>  <p>Jam</p>	<p>12</p>  <p>Breakfast cereal</p>
<p>13</p>  <p>Tea bags</p>	<p>14</p>  <p>Selection boxes</p>	<p>15</p>  <p>Long-life fruit juice</p>	<p>16</p>  <p>Instant mashed potatoes</p>	<p>17</p>  <p>Tinned vegetables</p>	<p>18</p>  <p>Cooking sauces</p>
<p>19</p>  <p>Tinned potatoes</p>	<p>20</p>  <p>Tinned meat</p>	<p>21</p>  <p>Christmas pudding (non-alcoholic)</p>	<p>22</p>  <p>Rice pudding</p>	<p>23</p>  <p>UHT long-life milk</p>	<p>24</p>  <p>Tinned fruit</p>

EastYorkshire.foodbank.org.uk

Your donations will be going to feed local people. East Yorkshire Foodbank is a registered charity and is part of the Trussell Trust network. Registered Charity in England & Wales (1167071). Thank you.

